[Full title of abstract]

**ABSTRACT**

These guidelines provide instructions on how to format your abstract. Writing directly into the template and respecting the formatting fonts and styles are advised. The abstract should be a single paragraph following the style of structured abstracts, but without headings: 1) Background: Place the question addressed in a broad context and highlight the purpose of the study; 2) Aims and objectives of the study, 3) Methods: Describe briefly the main methods applied. 4) Findings: Summarise the article's main findings; and 5) Conclusion and implications: Indicate the main conclusions or interpretations. The abstract should be submitted in Word (.doc or .docx) and should not exceed 300 words. Please avoid direct quotations, abbreviations, acronyms, and references in your abstract.

**Keywords:** [3-5 keywords]

**Theme:** [please indicate one of the four themes which you aim to contribute]